



SFCS Weekly Bulletin

Principal Mindy Bolar | Office Phone: 209-742-6222

sierrafoothillcharterschool.org

VOLUME 7, ISSUE #25

Monday, March 4, 2019

CORE VIRTUES ASSEMBLY AWARD WINNERS

Congratulations to the following students recognized at Friday's assembly for exemplifying the Core Virtue of the Month, *Heroism*:

William Henderson (Mrs. Kamins)

Rylan Perez (Mrs. Kamins)

Brody Bean (Mrs. Baumann)

Milo Harrison (Mrs. Baumann)

Indra LaRoche (Ms. Starchman)

Lucca Petretti-Meek (Ms. Starchman)

Reese Evans (Ms. Miranda)

Waylon Hance (Ms. Miranda)

Anna Ramirez (Ms. Contreras)

Rya Salonen (Ms. Contreras)

The Core Virtue for March is *Compassion*.

STAFF MEMBER OF THE MONTH

Erika Miranda, grade 5/6 teacher, has been selected as the **Staff Member of the Month**. Ms. Miranda was nominated by students, staff, and parents for her creativity, caring, efforts, skill, humor, and dedication to supporting every student reach his/her fullest potential. **Thank you, Ms. Miranda, for all you do to support SFCS students!**

MUSICIAN OF THE MONTH

Congratulations to **Payton Totten** for being named the **SFCS Musician of the Month**! Ms. Vanderslik, music instructor, recognizes one student each month for great effort and skill in music. Well done, Payton!

COUNTY GOVERNMENT MONTH CONTEST

Mariposa County students are invited to enter a contest for cash and prizes in observance of County Government Month in April. **Please see attached information for the gr. K-3 coloring contest and the gr. 4-8 poster contest.** Entries are due by 5PM on March 29th.

REPORT CARDS FOR TRIMESTER 2

Trimester 2 closed on Friday. **Report cards will be sent home later this week.** If you have any questions about your child's report card or wish to meet with the teacher, please contact the office.

STUDENT EYE SCREENINGS ON MARCH 12TH

SFCS will have the opportunity to perform vision screenings on all students on Tuesday, March 12th through a partnership with the Mariposa Lion's Club. Thank you, Lion's Club! **Please see the attached letter for further information.** If you would like to opt your child out of the vision screening, please return the signed letter to the office by Friday, March 8th.

SAY SOMETHING WEEK

Last week SFCS, along with Mariposa County public schools, participated in national "Say Something Week." Say Something, developed by the Sandy Hook Promise organization, teaches students in gr. 6-12 how to look for warning signs, signals, and threats of an individual who may be a threat to themselves or others and to say something to a trusted adult. The focus of lessons in gr. K-5 was on saying something when incidents of bullying occur. Students were also reminded that SFCS uses an anonymous crime reporting hotline, WeTip (1-800-78-CRIME or wetip.com), to report threats or suspected acts of violence.

THANK YOU ONCE AGAIN TO KIDS FIRST!

Congratulations to teacher Teena Starchman who learned last week that her Kids First mini grant request for keyboards was approved! This grant was given in the name of Pat Riley, who will visit SFCS soon to congratulate Ms. Starchman in person. Kids First is a non-profit, volunteer organization formed to aid Mariposa County public school students by providing grants to teachers for supplemental funds for their classrooms. **Thank you, Kids First, for your ongoing support!**

DATES TO REMEMBER

- *Every Monday - Early release at 2PM*
- **Sun., 3/10 - Daylight Saving Time**
- **Tues., 3/12 - Student Eye Screenings**
- **Wed., 3/13 - Storytelling Assemblies, 9AM for TK-4 and 10:30AM for gr. 5-8**
- **Fri., 3/15 - Pi Day Carnival, 1:30-2:45PM**
- **Wed., 4/10 - Enrollment window closes for the 2019/20 school year**



SFCS Home School Enrichment: Week of March 4, 2019

The Core Virtue for March: Compassion

4 Monday:

TK/K 11:40-2pm Lunch and Rotations: Garden, Spanish and PE

5 Tuesday:

5th/6th	11:40-3:15	Lunch, Garden, Tech, and PE
5th-8th	12:35-3:05	Music Classes: Band, New Instruments, Violin & Guitar Please let me know if you are interested.
All Homeschool Families Welcome	2:30-6:45	History Day at Chakwanakee, First Life Church on Cole Rd. Presentations from 5:30-6:30pm

6 Wednesday:

3rd/4th 11:40-3:15 Lunch, Rotations: Garden, Spanish, PE Rotation

7 Thursday:

7th/8th	11:40-3:15	Lunch and Rotations: Garden, Tech and P.E.
1st-8th	12:35-1:05	Piano Classes, please contact me if you are interested.
TK/K	1:50-2:20	Music Class
1st/2nd	2:35-3:00	Music Class

8 Friday:

All Welcome	11:40-3:15	Lunch, Core Virtues Assembly, and Fun Friday
1st/2nd	11:40-3:15	Lunch and Rotations: Garden, Spanish and PE

Coming Up:

Weds, March 13 Professional Storyteller Dovie Thompspon coming to SFCS.
 9am for TK/K-4th and 10:30am for 5th-8th
 Click [here](#) for more information about Ms. Thompspon

Friday, March 15 Pi Day Celebration, math activities in the afternoon

Wednesday, April 3 Field Trip to Fresno Chaffee Zoo

SFCS Links to Blogs, Web Sites and Curricular Connections:

Subscribing to classroom blogs and websites is a great way to get ideas from what is happening at school.

- [The Home School Blog](#)
- [Mrs. Stillwell's TK/K's Blog and Curricular Connections](#)
- [Mrs. Baumann's 1st and 2nd grades' Website and Curricular Connections](#)
- [Ms. Starchman's 3rd and 4th grades' Blog and Curricular Connections](#)
- [Ms. Miranda's 5th and 6th grades' Blog and Curricular Connections](#)
- [Ms. Contreras's 7th and 8th grades' Blog and Curricular Connections](#)
- [The SFCS Garden Blog](#) - all grade levels
- [The SFCS Tech Blog](#) - all grade levels & [5-8th Grade Tech Exploration](#)



Sierra Foothill Charter School

4952 School House Road | Catheys Valley, CA 95306 | sierrafoothillcharterschool.org

March 4, 2019

Dear Parents/Guardians,

According to the National Center for Children's Vision and Eye Health, it is estimated that 1 in 20 preschoolers, and 1 in 4 school-aged children have a vision problem. If not detected and treated early, these conditions can lead to a reduced ability to learn, poor athletic performance, loss of self-esteem, and potentially permanent vision loss.

We are excited to announce that our school will have the opportunity to perform vision screenings on all students on Tuesday, March 12th through a partnership with the Mariposa Lion's Club. The screening will consist of an instant electronic scan of your child's eyes to determine the presence of six eye disorders. The scan takes approximately one second to five seconds. No physical contact will be made for the scan and no eye drops will be used. Parents/guardians will be notified by mail should their child fail the vision screening, and will be encouraged to contact an eye doctor for a complete examination. Parents/guardians will not be notified if their child has passed the vision screening. If your child wears glasses or contact lenses, it is important that they be worn during the screening on March 12th..

Please note that this free screening does not replace an appointment or a vision examination by an eye doctor. Only an eye doctor can identify eye health and vision problems and prescribe treatment following a complete examination.

If you would like to opt out of having your child's vision screened, please sign this letter and return it to the office by Friday, March 8th. If this letter is not signed and returned, your child will be included in the screening on March 12th. If you have any questions, please contact me at (209)742-6222 or principal@sierrafoothillcharterschool.org.

Sincerely,

Mindy Bolan
Principal/Superintendent

Please do not include my child(ren) in the upcoming vision screening.



Parent/Guardian Signature

Date

MARIPOSA COUNTY UNIFIED SCHOOL DISTRICT

K-8 Breakfast & Lunch Menu

MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
<p>2018-2019 MEAL PRICES</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td></td> <td style="text-align: center;"><u>Breakfast</u></td> <td style="text-align: center;"><u>Lunch</u></td> </tr> <tr> <td>Student</td> <td style="text-align: center;">\$1.75</td> <td style="text-align: center;">\$3.75</td> </tr> <tr> <td>Adult</td> <td style="text-align: center;">\$2.25</td> <td style="text-align: center;">\$4.00</td> </tr> </table> <p style="text-align: center;">Student Milk \$.35 Adult Milk \$.50</p>		<u>Breakfast</u>	<u>Lunch</u>	Student	\$1.75	\$3.75	Adult	\$2.25	\$4.00	<p style="text-align: center;">Daily Breakfast Choices</p> <hr/> <p style="text-align: center;">Juice & Fresh Fruit 1% White or Non Fat Chocolate Milk</p> <p style="text-align: center;">Daily Lunch Choices</p> <hr/> <p style="text-align: center;">Fresh Fruit & Vegetables 1% White or Non Fat Chocolate</p>			<p>START YOUR DAY OFF RIGHT WITH A HEALTHY BREAKFAST</p>
	<u>Breakfast</u>	<u>Lunch</u>											
Student	\$1.75	\$3.75											
Adult	\$2.25	\$4.00											
			<p>*MENU IS SUBJECT TO CHANGE</p>	<p>1 BREAKFAST: Chocolate Muffin Top</p> <p>LUNCH: French Bread Pizza or Cheese Breadsticks</p>									
<p>4 BREAKFAST: Cereal & Graham Crackers or Benefit Bars</p> <p>LUNCH: Sandwich Day w/Chips (Ham or PBJ)</p>	<p>5 BREAKFAST: Ultimate Breakfast Round or Honey Wheat Breakfast Bar</p> <p>LUNCH: Cheeseburger or Turkey & Cheese Sandwich</p>	<p>6 BREAKFAST: Cereal & Graham Crackers or Benefit Bars</p> <p>LUNCH: Breakfast for Lunch (Pancakes & Sausage)</p>	<p>7 BREAKFAST: Ultimate Breakfast Round or Honey Wheat Breakfast Bar</p> <p>LUNCH: Corn Dogs or Taco Salad</p>	<p>8 BREAKFAST: Chocolate Muffin Top</p> <p>LUNCH: French Bread Pizza or Cheese Breadsticks</p>									
<p>11 BREAKFAST: Cereal & Graham Crackers or Benefit Bars</p> <p>LUNCH: Sandwich Day w/Chips (Turkey or PBJ)</p>	<p>12 BREAKFAST: Ultimate Breakfast Round or Honey Wheat Breakfast Bar</p> <p>LUNCH: BBQ Rib Sandwich or Ham & Cheese Sandwich</p>	<p>13 BREAKFAST: Cereal & Graham Crackers or Benefit Bars</p> <p>LUNCH: Zesty Orange Chicken & Rice</p>	<p>14 BREAKFAST: Ultimate Breakfast Round or Honey Wheat Breakfast Bar</p> <p>LUNCH: Chicken Nuggets or Chef Salad</p>	<p>15 BREAKFAST: Chocolate Muffin Top</p> <p>LUNCH: French Bread Pizza or Cheese Breadsticks</p>									
<p>18 BREAKFAST: Cereal & Graham Crackers or Benefit Bars</p> <p>LUNCH: Sandwich Day w/Chips (Ham or PBJ)</p>	<p>19 BREAKFAST: Ultimate Breakfast Round or Honey Wheat Breakfast Bar</p> <p>LUNCH: Sloppy Joe or Turkey & Cheese Sandwich</p>	<p>20 BREAKFAST: Cereal & Graham Crackers or Benefit Bars</p> <p>LUNCH: Breakfast for Lunch (French Toast & Sausage)</p>	<p>21 BREAKFAST: Ultimate Breakfast Round or Honey Wheat Breakfast Bar</p> <p>LUNCH: Chili Fries or Taco Salad</p>	<p>22</p> <p>NO SCHOOL</p>									
<p>25 BREAKFAST: Cereal & Graham Crackers or Benefit Bars</p> <p>LUNCH: Sandwich Day w/Chips (Turkey or PBJ)</p>	<p>26 BREAKFAST: Ultimate Breakfast Round or Honey Wheat Breakfast Bar</p> <p>LUNCH: BBQ Burger or Ham & Cheese Sandwich</p>	<p>27 BREAKFAST: Cereal & Graham Crackers or Benefit Bars</p> <p>LUNCH: Glazed Chicken Drumsticks</p>	<p>28 BREAKFAST: Ultimate Breakfast Round or Honey Wheat Breakfast Bar</p> <p>LUNCH: Beef Taco or Oriental Chicken Salad</p>	<p>29 BREAKFAST: Chocolate Muffin Top</p> <p>LUNCH: French Bread Pizza or Cheese Breadsticks</p>									