



SFCS Weekly Bulletin

Principal Mindy Bolar | Office Phone: 209-742-6222

sierrafoothillcharterschool.org

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Tuesday, September 3, 2019

THANK YOU FOR ATTENDING BTSN!

Thank you to everyone who came to Back to School Night (BTSN) last week to hear what is happening at SFCS this year and how parents/guardians can best support students at our school. We also appreciate those who supported the ice cream sale.

Approximately \$300 was raised. If you were unable to attend BTSN, please contact your child's teacher for information.

NEW SFCS STAFF

Welcome to new SFCS staff members! **Madelyn McGrath** is teaching grades 5-6 this year while Ms. Miranda is on leave. **Hannah Morse** is the instructional aide in the grade 7-8 classroom. **Gloria Bernard** will serve lunch and provide extra support to students in need. We are fortunate to have them join our amazing team!

MUSIC PROGRAM STARTS THIS WEEK

Playing a musical instrument builds academic skills in all areas. Students in grades 5-8 are encouraged to participate in the SFCS band program. Participants (except piano students) are to bring their instruments on their designated day each week for music lessons with Instructor Gail Vanderslik. **Band, violin, guitar and ukulele lessons are on Tuesdays. Piano lessons are on Thursdays.** Please contact the office if you are interested in acquiring an instrument for your child.

PARENT RESOURCES ON SFCS WEBSITE

There are many useful parent/guardian resources on the SFCS website - sierrafoothillcharterschool.org. Take a look at the "Academic Standards" and "Academic Support" pages found under the "For Parents & Guardians" tab at the top. You will find grade level academic expectations, state testing information, parent guides, websites children can use to practice skills, and much more.

PICTURE DAYS ARE SEPTEMBER 9TH & 10TH

Students in grades TK-4 will have their school pictures taken on Monday, Sept. 9th between 9-11AM, and students in grades 5-8 will take their pictures on Tuesday, Sept. 10th between 9-11AM. Home School Program students may come either day for pictures. Order forms are attached. **Students are to bring their order forms and payment on the day of their photo.**

"LIKE" SFCS ON FACEBOOK

Did you know new photos and informational items are posted on the SFCS Facebook page almost daily? If you "like" SFCS and do not see our posts in your feed, please go to the SFCS Facebook page to be sure you are "following" us. **If you are on Facebook and haven't "liked" the SFCS page yet, please do!** And please "like" the posts in your feed. This will not only ensure that you will always see our posts, but the more "likes" our posts receive, the greater reach they have. This helps us tremendously in spreading the word about the wonderful things happening at SFCS. Thanks for your support!

CORE VIRTUES PROGRAM

Our Core Virtues program starts this month. With the Core Virtues curriculum, staff members work with students throughout the year to highlight key intellectual, moral, and civic virtues. At the end of each month, there are school-wide assemblies to celebrate the Core Virtues and the students who exemplify those traits. **This month's virtues are Respect and Responsibility.**

DATES TO REMEMBER

- *Every Monday - Dismissal at 2PM*
- *Mon., 9/9 & Tues., 9/10 - School Picture Days*
- *Tues., 9/24 - SFCS Board Mtg. at 4PM*
- *Mon., 9/30 - No School, Teacher Work Day*
- *Every Friday - Wear blue to show school spirit!*

SFCS Home School Enrichment: Week of September 2nd, 2019

Core Virtues for September: Respect & Responsibility

2 Monday: No School - Happy Labor Day

TK/K	11:40-2pm	Lunch and Rotations: Garden, Spanish and PE
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3 Tuesday:

5th/6th	11:40-3:15	Lunch, Rotations: Garden, Spanish, PE Rotation
5th-8th	12:35-3:05	Music Classes: Band, New Instruments, Violin & Guitar, please let me know if you are interested

4 Wednesday:

5th/6th	11:40-3:15	Lunch, Garden, Tech, and PE
1st-8th	12:35-1:05	Piano Classes, please contact me if you are interested.

5 Thursday:

7th/8th	11:40-3:15	Lunch and Rotations: Garden, Tech and P.E.
1st-8th	12:35-1:05	Piano Classes, please contact me if you are interested.
TK/K	1:50-2:20	Music Class
1st/2nd	2:35-3:00	Music Class

6 Friday:

1st/2nd	11:40-3:15	Lunch and Rotations: Garden, Spanish and PE
All Welcome	11:40-3:15	Lunch, Core Virtues Assembly, Fun Friday

Coming Up:

Friday, Sept. 27th Core Virtues Assembly for Respect & Respectability and Fun Friday

SFCS Links to Blogs, Web Sites and Curricular Connections:


Subscribing to classroom blogs and websites is a great way to get ideas from what is happening at school.

- [The Home School Blog](#)
- [Mrs. Stillwell's TK/K's Blog and Curricular Connections](#)
- [Mrs. Baumann's 1st and 2nd grades' Website and Curricular Connections](#)
- [Ms. Starchman's 3rd and 4th grades' Blog and Curricular Connections](#)
- [Ms. Miranda's 5th and 6th grades' Blog and Curricular Connections](#)
- [Ms. Contreras's 7th and 8th grades' Blog and Curricular Connections](#)
- [The SFCS Garden Blog - all grade levels](#)
- [The SFCS Tech Blog - all grade levels & 5-8th Grade Tech Exploration](#)

SIERRA FOOTHILL CHARTER SCHOOL

K-8 Breakfast & Lunch Menu

SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>BREAKFAST LUNCH Reduced \$0.30 \$0.40 Paid \$2.00 \$4.00 Adult \$2.50 \$4.50</p> <p style="text-align: center;">MILK Student \$0.35 Adult \$0.50</p>	<p style="text-align: center;">Daily Breakfast Choices</p> <hr/> <p style="text-align: center;">Juice & Fresh Fruit 1% White or Non Fat Chocolate Milk</p> <p style="text-align: center;">Daily Lunch Choices</p> <hr/> <p style="text-align: center;">Fresh Fruit & Vegetables 1% White or Non Fat Chocolate</p>	<p>MENU SUBJECT TO CHANGE</p>		
<p>2</p> <p>NO SCHOOL</p>	<p>3 BREAKFAST: Honey Wheat Breakfast Bar or Benefit Bar</p> <p style="text-align: center;">LUNCH: Sandwich Day w/Chips (Turkey or PB&J)</p>	<p>4 BREAKFAST: Cream cheese filled Cereal Bars</p> <p style="text-align: center;">LUNCH: Breakfast For Lunch Pancakes & Sausage</p>	<p>5 BREAKFAST: Cinnamon Roll or Benefit Bar</p> <p style="text-align: center;">LUNCH: BBQ Chicken Drumsticks or Oriental Chicken Salad</p>	<p>6 BREAKFAST: Chocolate Muffin</p> <p style="text-align: center;">LUNCH: French Bread Pizza or Cheese Breadsticks</p>
<p>9 BREAKFAST: Cereal & Graham Crackers or Benefit Bar</p> <p style="text-align: center;">LUNCH: Sandwich Day w/Chips (Tuna or PB&J)</p>	<p>10 BREAKFAST: Honey Wheat Breakfast Bar or Benefit Bar</p> <p style="text-align: center;">LUNCH: Sloppy Joe or Ham & Cheese Sandwich</p>	<p>11 BREAKFAST: Cream Cheese filled cereal Bars</p> <p style="text-align: center;">LUNCH: Breakfast For Lunch French Toast & Sausage</p>	<p>12 BREAKFAST: Cinnamon Roll or Benefit Bar</p> <p style="text-align: center;">LUNCH: Cheeseburger or Taco Salad</p>	<p>13 BREAKFAST: Chocolate Muffin</p> <p style="text-align: center;">LUNCH: French Bread Pizza or Cheese Breadsticks</p>
<p>16 BREAKFAST: Cereal & Graham Crackers or Benefit Bar</p> <p style="text-align: center;">LUNCH: Sandwich Day w/Chips (Ham or PB&J)</p>	<p>17 BREAKFAST: Honey Wheat Breakfast Bar or Benefit Bar</p> <p style="text-align: center;">LUNCH: Chili Fries or Turkey & Cheese Sandwich</p>	<p>18 BREAKFAST: Cream cheese filled cereal Bars</p> <p style="text-align: center;">LUNCH: Breakfast For Lunch Pancakes & Sausage</p>	<p>19 BREAKFAST: Cinnamon Roll or Benefit Bar</p> <p style="text-align: center;">LUNCH: Chicken Parmesan w/ Pasta or Oriental Chicken Salad</p>	<p>20 BREAKFAST: Chocolate Muffin</p> <p style="text-align: center;">LUNCH: French Bread Pizza or Cheese Breadsticks</p>
<p>23 BREAKFAST: Cereal & Graham Crackers or Benefit Bar</p> <p style="text-align: center;">LUNCH: Sandwich Day w/Chips (Turkey or PB&J)</p>	<p>24 BREAKFAST: Honey Wheat Breakfast Bar or Benefit Bar</p> <p style="text-align: center;">LUNCH: Beef Taco Ham & Cheese</p>	<p>25 BREAKFAST: Cream cheese filled cereal Bars</p> <p style="text-align: center;">LUNCH: Breakfast For Lunch French Toast & Sausage</p>	<p>26 BREAKFAST: Cinnamon Roll or Benefit Bar</p> <p style="text-align: center;">LUNCH: Orange Chicken w/ Rice or Taco Salad</p>	<p>27 BREAKFAST: Chocolate Muffin</p> <p style="text-align: center;">LUNCH: French Bread Pizza or Cheese Breadsticks</p>
<p>30</p> <p>NO SCHOOL</p>				