



# SFCS Weekly Bulletin

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sierrafoothillcharterschool.org

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## RAISING HARD WORKING KIDS

Parents and guardians want to raise hard working children. Here are tips to foster intrinsic motivation:

- **Resist the urge to use external rewards or bribes.** This strategy may work short-term, but will likely cause children to resist doing tasks in the future unless there's something in it for them. Also, they will focus on the prize instead of their feeling of pride in completing a job or showing improvement in their skills.
- **Normalize failure.** Children have fragile egos. Teaching them that mistakes are part of the learning process is important for building self-confidence and a strong work ethic.
- **Model risk taking.** Let your children see you trying new things. Handle your own setbacks in stride, and be open about how you have learned from your mistakes.
- **Praise their effort.** Instead of saying, "I like your picture", try "I can tell you worked hard on this picture by the extra details you included." Encouraging effort will teach children to honor the process and quality of their work.
- **Set children up for success by finding their "just right" level of challenge.** If a task is too hard, they will be frustrated and quit; and if too easy, will lead to boredom. Offer the minimum amount of support needed to help them succeed and grow in independence.

## FLU AND COLD SEASON

Flu and cold season continues. **If your child is sick, please keep him/her home for 24 hours after a fever breaks or after any vomiting to help minimize the spread of germs.** If your child cannot be at school, please contact the office to sign up for Independent Study (IS). We continue to encourage hand washing and sanitize surfaces frequently at school. Thank you for your help!

## COATS AND SHOES AND MORE

**If your child is in need of a winter coat or shoes, please contact the office.** To help keep your child's coats and sweatshirts out of the Lost and Found, **please write your child's name on their items.** Thanks in advance for sending back any clothing items that may mistakenly come home with your child.

## FRESHMAN ORIENTATION EVENTS

SFCS eighth graders will participate in Freshman Orientation at Mariposa County High School (MCHS) on Thursday, February 27th from 8:30-11:30AM. This is a wonderful opportunity for students to learn more about the high school experience that awaits them next year. **Also, parents/guardians of eighth graders are invited to an informational meeting at 5:30PM at MCHS on February 27th.**

## THANK YOU ONCE AGAIN TO KIDS FIRST!

**Congratulations to Ms. Starchman who learned last week that she received her Kids First mini grant request for \$412.01 to purchase a Cricut Explore Air 2 Mint and accompanying Cricut supplies.** With these items students can design, cut, write, and score on over a hundred different materials. The designs will be used for STEAM (science, technology, engineering, art, and mathematics) lessons, service learning gifts for the Ewing Wing, and other crafts. Kids First is a non-profit, volunteer organization that aids schools in Mariposa County by providing teacher grants such as this. Thank you, Kids First, for the ongoing support and generosity.

## FAMILY RESOURCES ON SFCS WEBSITE

Have you checked out the SFCS website lately? **Many useful parent/guardian resources can be found on <http://sierrafoothillcharterschool.org/> that support a strong home/school connection.** Take a look at the "Academic Standards" and "Academic Support" pages found under the "For Parents & Guardians" tab at the top to find grade level academic expectations, state testing information, parent guides, websites children can use to practice skills, and much more.

## HEALTHY SNACKS NEEDED

**Please send your child to school with a healthy mid-morning recess snack.** Thanks for your help!

## DATES TO REMEMBER

- *Every Monday - Early release at 2PM*
- **Mon., Feb. 24 - SFCS Board Meeting, 4PM**
- **Thurs., Feb. 27 - MCHS Orientation, 8:30-11:30AM for students, 5:30PM for Parents/Guardians**
- **Mon., April 6 - Enrollment window closes**



## SFCS Home School Enrichment: Week of February 24, 2020

### Core Virtue for February: Wonder

#### 24 Monday:

TK/K                      11:40-2pm                      Lunch and Rotations: Garden, Spanish and PE

#### 25 Tuesday:

5th/6th                      11:40-3:15                      Lunch, Rotations: Garden, Tech, PE Rotation  
5th-8th                      12:35-3:05                      Music Classes: Band, New Instruments, Violin & Guitar,  
please let me know if you are interested

#### 26 Wednesday:

3rd/4th                      11:40-3:15                      Lunch, Garden, Spanish, and PE

#### 27 Thursday:

7th/8th                      11:40-3:15                      Lunch and Rotations: Garden, Tech and P.E.  
1st-8th                      12:35-1:40                      Piano Classes, please contact me if you are interested.  
TK/K                      1:50-2:20                      Music Class  
1st/2nd                      2:35-3:00                      Music Class

#### 28 Friday:

1st/2nd                      11:40-1:45                      Lunch and Rotations: Garden, Spanish and PE  
All Welcome                      11:40-3:15                      Lunch, Core Virtue Assembly, and Fun Friday

#### Coming Up:

### SFCS Links to Blogs, Web Sites and Curricular Connections:

Subscribing to classroom blogs and websites is a great way to get ideas from what is happening at school.

- [Academic Support](#) and [Academic Standards and Expectations](#) from the SFCS Web Page
- [The Home School Blog](#)
- TK/K's [Curricular Connections](#)
- [Mrs. Baumann's 1st and 2nd grades' Website and Curricular Connections](#)
- [Ms. Starchman's 3rd and 4th grades' Blog and Curricular Connections](#)
- [5th and 6th Curricular Connections](#)
- [7th and 8th grade Curricular Connections](#)
- [The SFCS Garden Blog](#) - all grade levels
- [5-8th Grade Tech Exploration](#)

# Family BINGO Night!

Food & Prizes!



Friday  
February 28, 2020  
6:00pm - 7:30pm  
Mariposa Senior Center  
5246 Spriggs LN,  
Mariposa Ca 95338



Presented By:



DINNER SERVED AT 6:00 ~ GAMES START AT 6:30

**Join us to help promote Family Engagement!**

This event will be hosted for Parents and Caregivers with Children.

Bring the kids, enjoy Dinner, Games, and Sharing information!

**Please RSVP** ☐ 209-966-2211 **by 2/26/2020**