

Sierra Foothill Charter School COVID-19 Campus Participation Guide

Updated 8/15/22

SFCS will follow the guidelines below regarding symptomatic and exposed students.
This guide follows the Mariposa County Health Department and CDPH recommendations.

When should my student stay home due to symptoms?

Children who have any of the following symptoms must stay home from school:

- Headache
- Body aches or muscle pain
- Chills
- Sore throat
- Nausea
- Fatigue
- Congestion or runny nose
- Fever of 100.4 or higher
- New or worsening cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell
- Vomiting or diarrhea

How long should my student stay home from school?*

IF exposed to COVID-19 and asymptomatic, **THEN** can remain at school but need to wear a mask for 10 days when indoors and should test for the virus on day 5 of exposure.

IF symptomatic and received a negative COVID-19 test, **THEN** may return after fever free for at least 24 hours without fever reducing medication **and** symptoms have improved. Provide a copy of the test result to the school office.

IF symptomatic and there has been no COVID-19 test, **THEN** may return after 5 days if fever free for at least 24 hours without fever reducing medication **and** symptoms have improved, **OR** may return with a doctor note indicating alternative diagnosis. Well-fitting mask through day 10 is required.

IF received a positive COVID-19 test, **THEN** need to stay home for at least 5 days after start of symptoms or after the date of first positive test if asymptomatic. Isolation can end after day 5 if symptoms are not present **or** resolving **or** if an antigen test collected on day 5 or later is negative. A well-fitting mask must be worn on campus through day 10. Those who isolate for 10 days do not need to test to return to school if fever free for at least 24 hours without fever reducing medication **and** symptoms have improved. Provide a copy of the test result to the school office.

For more information on updated guidance call the SFCS Office at (209)742-6222 or go to <https://bit.ly/CDPH-SchoolGuidance-2022>.